

# HIV/AIDS Update 2005

## *Home Health Aides & Home Attendants*

### Satellite Conference

Thursday, June 2, 2005

2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern Time) • 1:00-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

**H**IV and AIDS have been around in the United States for more than 20 years and the epidemic has now spread to every part of the USA and to all sectors of society. It is thought that as many as a million people are living with HIV in the United States. Unfortunately, American HIV surveillance is far from comprehensive so many statistics must be based on reports of AIDS diagnoses.

Although HIV is a serious infection, people with HIV and AIDS are living longer, healthier lives today, thanks to new and effective treatments. If you are going to be caring for someone with HIV infection or AIDS, you need to understand the basic facts about these debilitating diseases. People who are infected with HIV can look and feel healthy and may not know for years that they are infected. However, they can infect other people no matter how healthy they seem. Following guidelines about HIV and home care will protect people with HIV/AIDS from getting infections as well as prevent them from passing on HIV or other germs to care givers and family members.

At the conclusion of this conference, participants will be able to:

1. Describe the difference between HIV and AIDS.
2. List three areas of concern in preventive health care for persons with AIDS.
3. Discuss the importance of nutrition for someone with HIV / AIDS.
4. Discuss HIV/AIDS and infection control.

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#### **Faculty:**

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Public Health Area 8 HIV Coordinator  
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Nutritionist  
Montgomery AIDS Outreach  
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#### **Course Outline:**

- Statistics - Global and Alabama
- How is HIV contracted
- What is the difference between HIV and AIDS
- Symptoms of HIV and AIDS
- What is the CD4 count or T-cell count
- Basic information about HIV medicines
- Preventive health care for persons with HIV infection
- Teaching patients to avoid opportunistic diseases
- Infection control for caretakers of HIV-infected people
- HIV/AIDS and infection control
- Research on HIV and AIDS

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#### **Conference Details:**

**Target Audience:** Home Health Aides, Home Attendants and other caregivers who work with patients with HIV and AIDS.

**Registration:** [www.adph.org/alphn](http://www.adph.org/alphn) **Cost:** No cost. **Satellite Coordinates:** C & Ku Band.

**Conference Materials:** Posted on our website approximately one week before the program.

**Questions:** [alphn@adph.state.al.us](mailto:alphn@adph.state.al.us) or 334-206-5618

#### **Issues or questions you want addressed during the conference?**

Email ([alphn@adph.state.al.us](mailto:alphn@adph.state.al.us)) or fax (334-206-5640) the conference faculty. They will respond during the program.

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